

# Update on Novel Coronavirus (COVID-19) March 18

We continue to monitor developments and support our federal and provincial authorities in their efforts to limit the spread of Covid-19 in Canada. We all have a role to play.

- Eliminate social gatherings and limit visitors to the building to essential care only
- Allow social distance of six feet when in common areas and hallways
- Contact building staff via telephone or email, whenever possible
- Wash your hands frequently with soap and water or use hand sanitizer
- Cough or sneeze into your elbow or a tissue (throw the tissue away)
- Limit touching your eyes, nose, and mouth
- Don't share items that may have saliva on them like utensils and bottles/glasses
- Clean surfaces like taps, doorknobs, and countertops often
- If you feel unwell, seek medical advice and follow protocols set out by local and national health authorities.

For more complete information on our planning visit:

[killamreit.com/covid19info](https://killamreit.com/covid19info)

